

Skye & Lochalsh Young Carers (S&LYC)



'Support and guidance come rain or shine'

www.skyeyoungcarers.co.uk

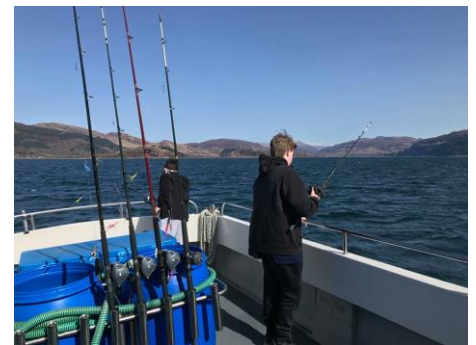
End of Year Report: April 2018 - March 2019



Marjory who established the Skye & Lochalsh Young Carers service in 2000 retired in October. She will be missed so much.



Victoria Cottage, Portree
The hub for all the young carers' activities



46 young carers took part in four different activities as part of the Spring respite programme 2018. 39 young carers took part in twelve different activities during the Summer respite programme.



Our appreciation and gratitude go to The John Casson Foundation and Columba 1400 for enabling young carers to complete the residential Seasons for Growth programme in Staffin, Skye



Huge thanks to The Royal Caledonian Ball Trust, The Big Lottery, BBC Children in Need and two personal benefactors for enabling 12 young carers to have an excellent, long anticipated annual residential respite break in Edinburgh



26 young carers along with staff, volunteers, trustees and family members took part in our 2nd annual 5-mile charity rainbow walk to raise funds for 5 charities nominated by the young carers.

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Our Main Funders:

Big Lottery - Accept the Past & Grab the Future Project
BBC Children in Need - Accept the Past & Grab the Future Project
The Highland Council
Great Wilderness Challenge
The John Casson Foundation
The Royal Caledonian Charities Trust

National & Local In-kind Support:

Ardvasar Cafe
Aros Centre - Respite Support
Community Service - Practical Assistance
Columba 1400 - Hire of Quiraing Lodge for Respite and Residential Programme
Individual & Family Donations & Sponsorship
Kyle Taxis - Additional Support
Linus Project - Hand Made Quilts
Lighthouse Centre, Kyle - Venue Support
Local Artists and Crafts Workers - Respite Support
Lochalsh & Skye Housing Association - Minibus Parking
Local Businesses - Raffle Prizes
Lynx Taxis - Additional Support
Portree Taxis - Additional Support
Skeabost House Hotel (Sonas Group)
Sitekit Solutions - Web Site Hosting and guidance
Skye Express - Delivery Support
Skye Food Bank
Skye Gathering Hall - Respite Support
SLCVO
Sleat Whist
Stardust Boat Trips - Respite Support
Tiffany & Thistle Snack Bar- Christmas Presents
West Highland Free Press - Media Support
Xcel Church Portree - Easter Egg Donations

Young Carers Service Fundraising Activities:

Skye Agricultural Show
Card & Goods Sales
Commercial Partnership Agreements & Collection Tins
Co-op Sales Tables
Games Day - Car Parking & Arena Clearance
Great Wilderness Challenge - Volunteer Team
Misty Isle Boat Trips
Skye Half Marathon - Sales Table
Young Carer Supporters - Monthly Giving Fund
<http://youngcarersproject.easyssearch.org.uk>
www.everyclick.com/skyeyoungcarers

Additional Funders:

Highland Area Order of St John – Giving Tree
Open Door Café, Kyle
Struan Community Trust
Dunvegan Trust

Young Carers are: Children and young adults under the age of 18, who provide care, assistance or support to a parent, sibling, grandparent or other person who has a physical disability, learning disability, sensory impairment, physical or mental illness, drug or alcohol problem or other condition connected with a need for care, support or supervision.

Skye and Lochalsh Young Carers' Service: We promote the welfare and potential of young carers from 5 to 18 years of age, whose life is adversely affected because of the need to take responsibility for the care of someone else.

Core Work - Outcomes:

1. Increased peer and specialist adult support networks - through access to weekly support groups
2. Increased confidence and knowledge levels - through access to information and skill development activities
3. Increased resilience of young carers - through access to regular respite and drop-in support
4. Improved social integration - through in-house training programmes and group support
5. Young carers will influence decisions which affect their lives - through access to one to one, advocacy and bereavement support. In addition, the service will network both locally and nationally to ensure good practice is promoted and poor practice/inequalities challenged
6. Young carers will be recognised and will report feeling better supported by service providers - through professionals accessing young carer awareness training, information and evaluated resources
7. Young carers will be safer at home and in the community - through provision of First Aid, Fire Safety, Personal Safety and Legal Issues training workshops

**Big Lottery - Accept the Past & Grab the Future Project -Outcomes
(From October 2017 till September 2020)**

1. Young carers will feel less stressed and better able to cope with life pressures
2. Young carers will have increased feelings of self-worth and will demonstrate improved relationships with peers and adults
3. Young carers will report increased feelings of involvement and belonging within their community

**BBC Children in Need - Accept the Past & Grab the Future Project -Outcomes
(From October 2017 till September 2020)**

1. Young carers will be less socially isolated
2. Young carers will demonstrate improved relationships with adults and peers
3. Young carers will have increased coping skills

Skye and Lochalsh Community Care Forum SCIO - Management Committee Trustees

Gill Adams	Chairperson
Donald Beaton	Treasurer & Vice Chairperson
Christine Jenkins	Secretary
Ann Bethune	Trustee
David Redshaw	Trustee
Maggie Cunningham	Trustee
Madeline Jones	Trustee
Morag Macdonald	Trustee
Tina Allan	Trustee
Pat Matheson	Trustee (elected 21/09/18)
Carol Urbanowicz	Trustee (elected 18/1/19)
Aoife Gould	Trustee (resigned 16/5/18)
Isabel Beaton	Trustee (resigned 15/3/19)
Marja Liisa Puolakka	Trustee (deceased October 2018)

Management Committee Trustee/staff participation in local and national committees:

Ardvasar Charity Café	Struan Community Council member
Duirinish & Bracadale show committee member Church	Struan Community Trust as Treasurer
Edinburgh Festivals Forum Independent Member	S&L Drug & Alcohol Forum
HC Young Carer Improvement Group	Skye Youth Development Forum
N.W.S minibus committee Chairperson	Scottish Representative on Ofcom Content Board
Highland Community Care Forum	
Sistema Scotland Vice chair	
Waternish First Responder for the Scottish Ambulance Service	

Other groups/organisations Trustees/staff actively network with:

Multi Agency Groups	Police Service	SEALL
Seasons for Growth Network	CAB	Sleat Social Club
GP Services	SLCVO	HC Care & Learning
Connecting Young Carers, Inverness	Scottish Ambulance Service	Skills Development Scotland
NHS – SALT & Dietician Services	Housing Services	
Care & Protection & School Years	AROS	
Children & Families Mental Health Services (DCFP)	Primary Mental Health Service	

We continue to work at strategic level through our identified Highland Council, NHS Leads, and MSP Champions

Our Management Structure:

Management Trustees	
Young Carers Manager:	line managed by Management Committee Chairperson
Senior Support Worker & Senior Coordinator:	line managed by Young Carers' Manager
Financial Administrator:	line managed by Young Carers' Manager
Clerical Administrator & Coordinator:	line managed by Young Carers' Manager
Senior Support Worker:	line managed by Young Carers' Manager
Driver/Support Worker:	line managed by Young Carers' Manager
Cleaner:	line managed by Young Carers' Manager
Volunteers:	line managed by Young Carers' Manager

Staffing Details 31/3/2019:

Young Carer's Manager	35 hours (22.5hrs Big Lottery Funded, 12.5hrs BBC Children in Need Funded)
Senior Support Worker Coordinator	35 hours per week (30.5hrs Core Funded, 4.5hrs Big Lottery Funded)
Financial Administrator	26 hrs per week (18hrs Core Funded, 8hrs Big Lottery Funded)
Clerical Administrator & Coordinator	28 hrs per week (19hrs core, 9 hrs Big Lottery Funded)
Senior Support Worker	35 hrs per week (35hrs Core Funded)
Driver/Support Worker	20 hrs per week (7.5hrs Core Funded, 12.5hrs Big Lottery Funded)
Cleaner	3 hrs per week (3hrs Core Funded)
Adult Volunteers x 11	Working as Trustees providing governance and fundraising support
Adult Volunteers x 14	Supporting young carer groups, training/fundraising events & respite outings

Service Strengths:

- Young carers continue to evaluate and lead the direction of the service. They elect representatives on an annual basis to help support the needs and wishes of other members and attend fundraising and training/awareness raising events
- Big Lottery and BBC Children in Need funding is in place for our Accept the Past & Grab the Future project until September 2020
- The ongoing invaluable support of the Great Wilderness Challenge Committee and the Young Carers' Volunteer Team has helped to ensure we are able to close our annual funding gap for another year
- The outstanding local community support through in-kind support, fundraising events, sponsorship, gifts and donations continues to help offset our increasing needs and annual running costs e.g. increased young carer numbers, transport and respite costs.
- The provision of a minibus continues to help reduce transport running costs and has improved the support and travel facilities available for the young carers
- We have a strong committee of new and experienced Trustees with a proactive approach to supporting staff and overseeing service governance
- We have a committed number of skilled staff and volunteers to support our work with young carers
- Commercial Agreements with 12 businesses have raised awareness and provided additional funding income
- Some local businesses are providing highly valued in-kind or subsidised respite activities for young carers
- The service is respected and continues to be very well supported by young carer families & the local community
- We continue to have strong partnership working with other agencies, organisations and professionals. This sharing of expertise and experience enhances the support and opportunities we can provide for young carers

Service Pressures:

- We have received 50% funding from Highland Council for this financial year and we are being reviewed as part of their redesign process of commissioned care and learning services.
- There continues to be a significant number of young carers with complex needs due to chronic illness/conditions, behavioural difficulties or disability. This requires us to continue developing worker and volunteer skills and knowledge and have a higher ratio of adults supporting group sessions and activities
- There were 19 young carers supporting more than one family member and as a result we have to respond very flexibly and intensively at times
- There continues to be significant increase in demand for 1:1 support during school and group session times
- There are a significant number of young carer and consultation meetings etc. for staff to attend and although this is a priority it does increase pressure for the rest of the team to deliver services when a senior is unavailable

Number of young carers supported in 2018/19: 77

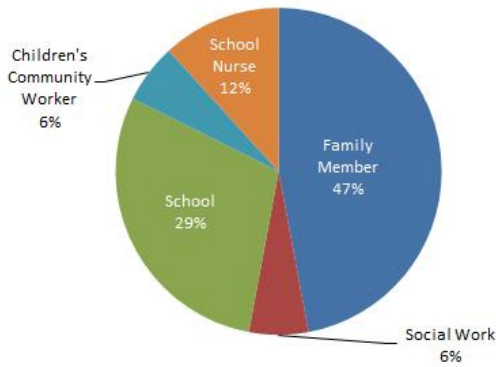
	Caring for more than 1 person in the family	Living with a single parent	Primary School age at August 2018	High School age at August 2018	Female young carers	Male young carers	Number referred to service	Number moved on from the service
Number of young carers	2014/15 = 17	29	36	30	34	32	11	13
	2015/16 = 24	33	45	28	36	37	20	13
	2016/17 = 27	36	33	41	40	34	16	15
	2017/18 = 29	38	41	41	46	36	15	16
	2018/19 = 19	29	31	36	36	31	17	13

Reason for young carers moving on from the service:	Moved out of area	18 years of age	Change in family circumstances	Completion of bereavement support	Moving on as service is no longer required
No of young carers:	1	3	3	1	5

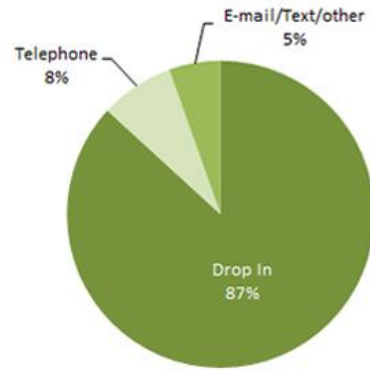
	Regular Transport Provision Required	Young Carers Aged 5 – 9 years	Young Carers Aged 10 – 14 years	Young Carers Aged 15 – 18 years
Number of young carers:	2014/15 = 51	21	31	14
	2015/16 = 59	11	50	12
	2016/17 = 65	15	50	9
	2017/18 = 78	20	45	17
	2018/19 = 67	14	36	27

Statistical Information

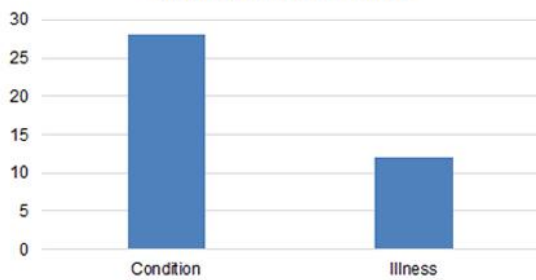
Referrers to the Service for the Young Carer Members 2018/19



Young Carer Contact Methods 2018/2019

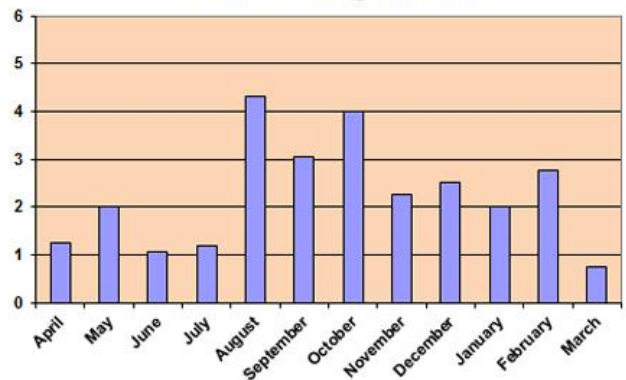


Health issues / Disabilities / Condition of Young Carers with additional support needs 2018/19

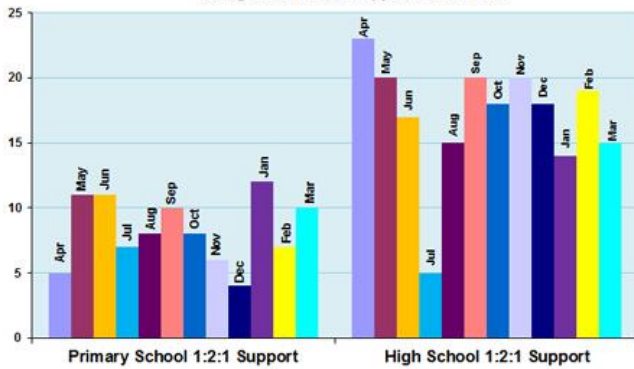


Including: ADHD, Food Intolerance/Allergy, Dyslexia, Autism, Heart Condition, Asthma, Mental Ill Health, Migraines, Eczema, Speech, Processing, Developmental & Learning Difficulties.

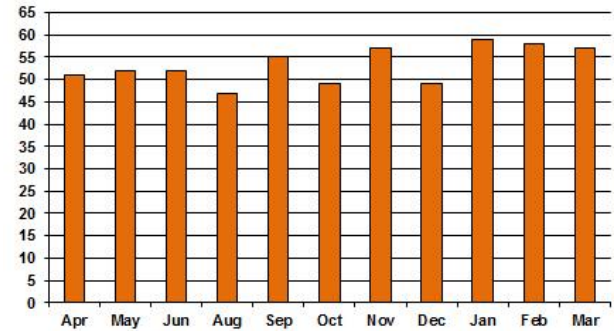
2018 - 19 Resource Hours Accessed by Families



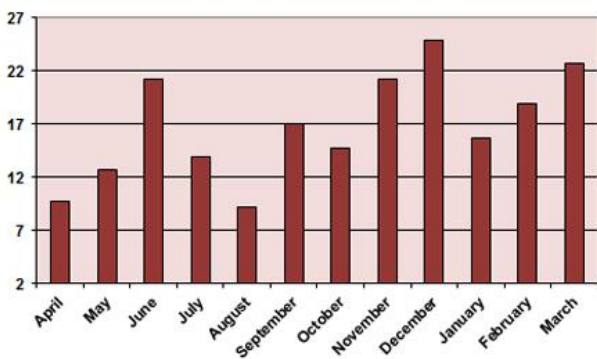
Young Carers 1:2:1 Support 2018 - 2019



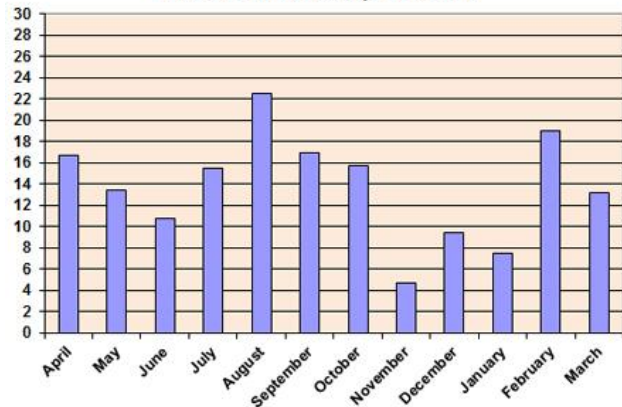
No. of individual young carers attending support groups during 2018/19



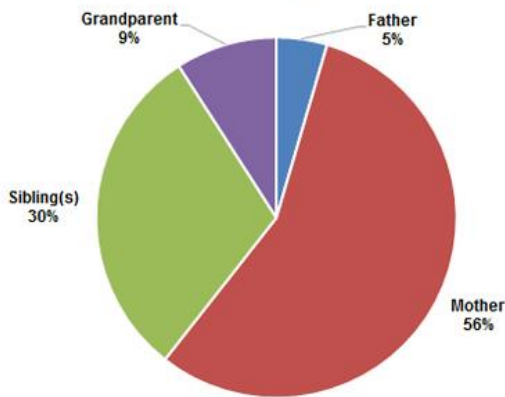
1:2:1 Support Hours Accessed by Young Carers 2018 - 19



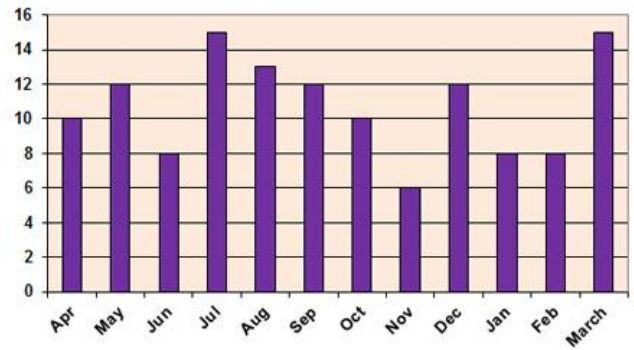
2018 - 19 Resource Hours Accessed by Young Carers Outwith Group Sessions



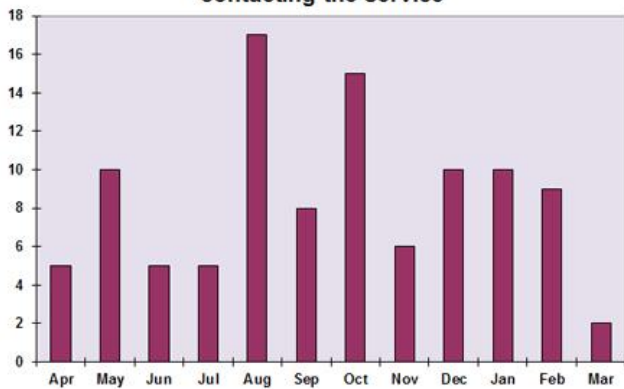
Person(s) Being Cared For



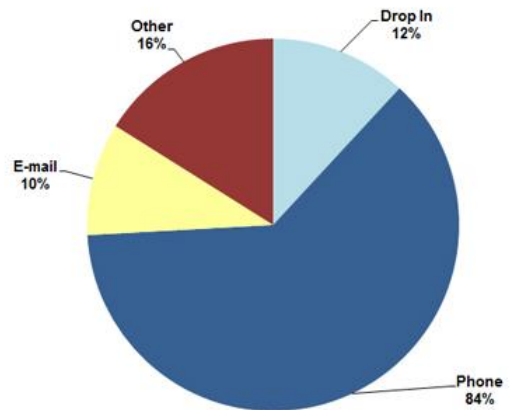
Total contact support accessed by young carers outwith group sessions 2018 - 2019



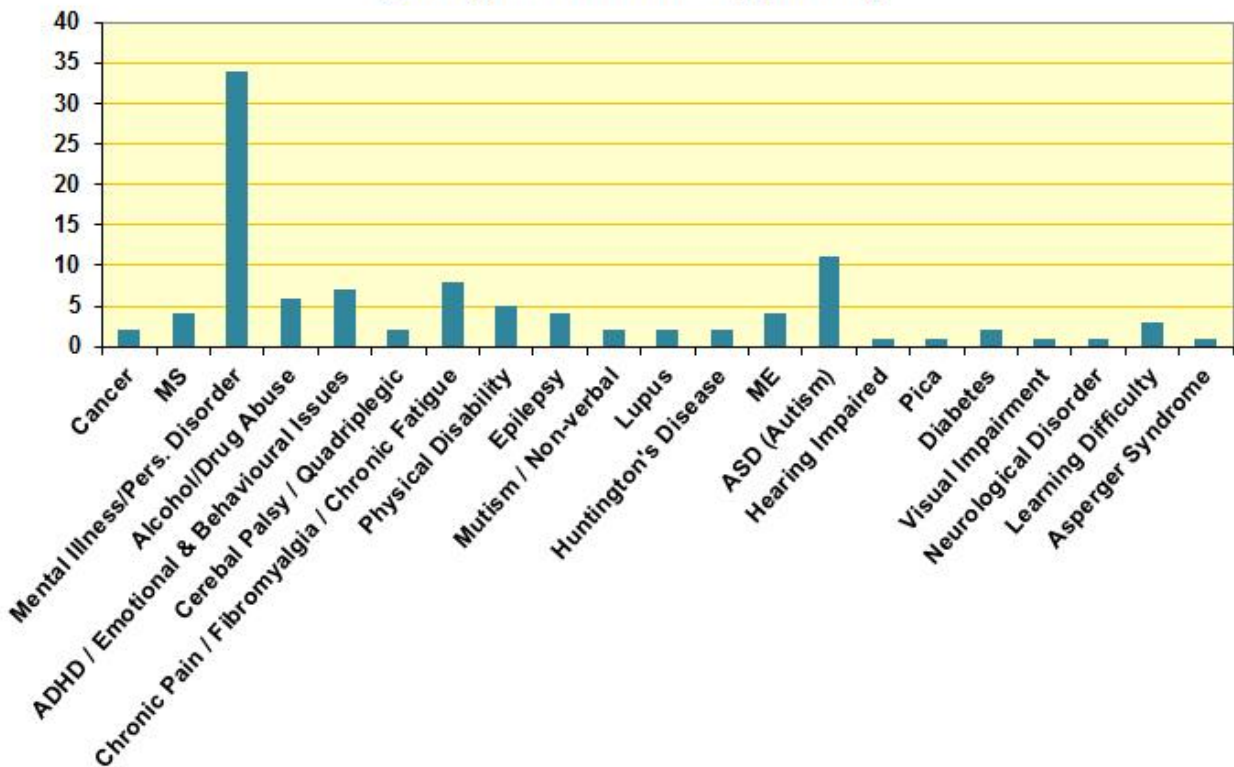
Number of individual families contacting the service



2018-19 Method of Family Contact



2018 / 2019 - Health conditions / disabilities young carers were supporting



RESPITE SUPPORT RECORDS

Young carers choose and vote on what activities they wish to participate in. They complete evaluation processes following respite breaks to evidence what has worked well, what needs to be changed or improved and what they may have gained from the experience.

	SPRING	SUMMER	AUTUMN	WINTER
Activities	Local: Swimming & Hectors Lunch: 9 Art Workshop & Aros Lunch: 6 Fishing & Hectors Lunch: 4 Away: Landmark 27	Inverness Residential 12 Local: (all include AROS lunch) Nerf Wars 16 Cinema 17 Staffin Residential 6 Swimming 11 Water Fight/games 14 Fishing Trip 4 Aros Indoor Play 7 Arts & Crafts 14 Away: Ice Skating & Shopping 10 Swimming & Shopping 3 Craggan Outdoors 13 Go Karting 14	Local: Halloween Party 47	Residential – Edinburgh 12 Local: Primary - Aros Lunch, Film & Christmas Party 18 High School - Aros Lunch, Film & Christmas Party 31
Number individual Young Carers	46	39	47	50

Core Work

	OUTCOMES	Activities	Progress
1	Increased peer and specialist adult support networks.	a Weekly support group meetings b Professionals will be invited to attend appropriate topic sessions to share information and connect with members c Support South Skye & Lochalsh satellite young carers' groups	a Five weekly support group sessions were run b Welcomed visits from: GPs, Police Officers, Veterinary Nurse and Skye Food Bank Volunteers c Two satellite young carer support groups are well established in Kyle of Lochalsh
2	Increased knowledge and understanding levels	a Regular skill development activities to be provided during support group sessions b Increase information resources through partnership working with other agencies	a Planned skill development activities have been delivered during support group sessions b Access to appropriate information is being consolidated and updated with professional experts visiting/supporting workshops to share knowledge and expertise
3	Increased resilience of young carers	a Quarterly respite outings b Lunch time drop-in support to be provided 3 days per week c Summer activity programme to be delivered	a Quarterly respite outings were successfully delivered b Lunchtime drop-in support in Portree has been available for young carers 4 days per week c Summer respite programme was successfully delivered
4	Improved social integration	a One to one support to be provided as required to meet identified needs and wishes of young carers	a One to one support was provided during group session/drop-in time and as part of the weekly school timetable for some more vulnerable young carers
5	Young carers will influence decisions affecting their lives	a Advocacy support to be available b Bereavement support to be available c Good and/or poor practice/inequalities to be evidenced to promote good practice/ initiate change	a Advocacy support has been provided to meet needs of young carers and ex members b Pre-bereavement and bereavement support has been provided as required c Young carer evaluations and feedback has been distributed through appropriate professional contacts
7	Young carers will be safer at home and in the community	a Basic First Aid training will be provided to young carers on an annual basis b Fire safety training which incorporates practical tasks will be provided to young carers on an annual basis c Legal issues awareness training will be provided to young carers on an annual basis	a Lucky to be Here volunteers and local Paramedics delivered Everyday First Aid and CPR Training to young carers b Fire safety training was delivered to all groups with support from local Fire Fighters c In-house awareness training was provided to all young carer groups with visiting support from the local Police Officers

Additional Work/Achievements during 2018/19:

Media – Our Facebook presence continues to grow with supporters, young carers and their families engaging with us and promoting information sharing and events. Google calendars are now well established and continue to ensure activity and governance target dates are met.

Community support

Saturday 2nd June 2018 saw a total of 26 young carers along with staff, volunteers, trustees and family members taking part in the 'Rainbow Walk'. Young carers chose to do a 5-mile hill trek on to raise funds for their 5 chosen charities and a grand total of £1546.55 was raised by those participating as well as some who were unable to take part.

We invited charity representatives and the community to come together to celebrate the completion of the walk with food, entertainment and information tables available. The young carers stated that they would feel good about doing something to acknowledge the support their families receive from various charities; they also felt that it would encourage more people to get involved and bring charities together "Charities should get together more to support each other, instead it sometimes looks as if they're competing - they all want to do the same thing – to make things better for people".

We continue to receive invaluable support from members of the wider community who have become 'Friends' of the S&L Young Carer service. These friends and supporters have provided gift vouchers, meals, clothing, toys, bedding and funds to pay towards activities during respite outings away from home. Broadford Hospital staff and NHS colleagues raised funds and purchased some much appreciated winter clothing for young carers who would benefit from them.

Columba 1400, Staffin – Seasons for Growth

A total of six young carers participated in a 3-night self-catering residential respite at Quiraing Lodge which is managed by Columba 1400. We really appreciate The John Casson Foundation sponsoring this to enable us to deliver the Seasons for Growth and Life Skills programme to help the young carers manage change and loss in their lives.

Christmas 2018 Respite – Edinburgh – A total of 12 young carers benefitted from the 3-night residential respite break, they were supported by 3 staff members and 2 volunteers. Huge thanks to The Royal Caledonian Ball Trust, The Big Lottery, BBC Children in Need and two personal benefactors for enabling young carers to have their brilliant, long anticipated annual residential respite break in Edinburgh. The positive young carers' evaluation of this residential respite is at the end of this report.

Partnership Working with Skye Food Bank – Young carers and their families continue to benefit from a regular supply of food and toiletries delivered to Victoria Cottage for the young carers to access as needed. In addition to this they are also providing us with Butcher's vouchers to enable struggling families to buy fresh meat.

Staff/volunteer Training attended during 2018/2019:

2018	Child Protection Training - Highland Child Protection Committee	Completed by 2 staff
2018	Change, Loss & Bereavement – Highland Council	Completed by 3 staff
2018/2019	Leadership Training	Completed by 1 staff
2019	First Aid Training	Completed by 1 staff

In addition, regular (every 4 to 6 weeks) consultation sessions were held with DCFP (Department of Child & Family Psychiatry) Primary Mental Health Worker.

Monitoring, Evaluation & Feedback:

Young Carer Workers maintain monitoring systems to record young carer involvement in group sessions, training, respite, advocacy and one to one support. They also record family contact and complete written evaluations for each of the five weekly group sessions. Written feedback/information sheets are produced for primary school age young carer families on a monthly basis. This outlines young carer activities, skill development work and the aims of the session work. Training provided by the service is evaluated by participants to evidence value and to help tailor future training events.

Young carers individually evaluate the activities they have taken part in on a weekly basis. This provides us with individual and group evaluation of activities along with comments and feedback to help steer development. Residential respite breaks and any additional projects and programmes are fully evaluated on completion. A service exit evaluation is presented to young carers and their families when they move on and no longer feel reliant on the service; this promotes open and honest feedback to influence future planning.

Skye & Lochalsh Young Carers
Christmas Respite Evaluation – Edinburgh 2018
12 Young Carer Participants, 3 Staff Members and 2 Volunteers

Accommodation: Edinburgh Central Hostel
Transport: Minibus to/from Kyle and train to/from Edinburgh
Eating places: Bella Italia, Frankie and Benny's, Filling Station
Activities: Camera Obscura, Dungeons, Shopping, Cinema, Chill Out/Banter Time, Zoo, Ice Skating, Virtual Reality Arcade, Bowling, Royal Yacht Britannia, Ghost Bus & Ghost Walk

1. What score 10 would you give the trip overall? (1= not good at all 5=okay 10=brilliant)

Score:	10	9	8	7	6	5	4	3	2	1
Number of young carers:	9	2		1						

2. What did you enjoy most about the respite trip?

Responses	Shopping	All of it	Shopping & Pool	The activities like ice skating	VR Arcade	Just being away	The people there	Everything	Cinema
Number of young carers:	3	1	1	1	1	1	1	2	1

3. What did you enjoy least about the respite trip?

Responses:	Walking	Waking up	Zoo	Ghosts / Ghost walk too creepy	Going home	Walking and when Ruth took us the wrong way to that restaurant	Illness	Nothing
Number of young carers:	3	1	1	2	1	1	1	2

4. How would you score the transport from 1 to 10 (1=terrible 5=okay 10=brilliant)

Responses:	10	9	8	7	6	5	4	3	2	1
Number of young carers:	6	1	1	3		1				

5. How would you score the accommodation from 1 to 10?

Responses:	10	9	8	7	6	5	4	3	2	1
Number of young carers:	7	2	2	1						

- 10 but the guy (hostel staff) that kept coming in our rooms I would put a 4
- I slept good
- 8 because of the guy (hostel staff) that came into our room
- Good room
- The rooms were nice
- It's a great place
- The beds were comfy, and the rooms were big enough

6a. How would you score the breakfast meals at the Hostel from 1 to 10 and why?

Responses:	10	9	8	7	6	5	4	3	2	1
Number of young carers:	6	3	2			1				

- It tasted good
- It was good
- Was a good choice of breakfast

- It gives good variety
- They were yummy

6b. How would you score the lunch meals from 1 to 10 and why?

Responses:	10	9	8	7	6	5	4	3	2	1
Number of young carers:	11	1								

- McDonalds and Starbucks is the best
- Good having my own choice of where to go
- I didn't have lunch
- 10 since it was fast food 😊
- They were yummy, my favourite was Starbucks

How would you score the dinner meals from 1 to 10?

Responses:	10	9	8	7	6	5	4	3	2	1
Number of young carers:	9	1		1		1				

- Burgers are amazing
- Because they were good and good people
- Wasn't well
- It was amazing
- 10 but 6 for Filling Station
- My favourite was Bella Italia x 2

7. What would you score the activities overall from 1 – 10 and why?

Responses:	10	9	8	7	6	5	4	3	2	1
Number of young carers:	11		1							

- They were fun
- There was a lot of fun involved
- They were good and fun
- They were fun and a chance to try new things
- They were really fun x 2

Best Activity: Cinema x 3, VR Arcade x 2, All of them, Bowling, Ice Skating x 2, Ghost Bus

Worst Activity: Fair rides, Zoo x 2, Ghost Walk x 4 (It was creepy), Nothing they were all good, Dungeons

8. How do you feel you were treated by your support workers and volunteers from 1 to 10?

Responses:	10	9	8	7	6	5	4	3	2	1
Number of young carers:	9	1		1		1				

- They kept me safe 😊
- They were there for us
- I could talk to the workers if there was something wrong
- They just helped and could tell when something wasn't right
- 7 because Ruth was nice but a little but annoying

9. One to one Support During the trip:

Responses:	10	9	8	7	6	5	4	3	2	1
Number of young carers:	6		1		1					

- 10 Ruth helped me with a certain issue with me
- Never got any
- Didn't do it x 2
- We could go to a place more comfortable
- 6 Ruth tried but failed

10. Score how you got on in your smaller groups from 1 to 10 and give your reasons:

Responses:	10	9	8	7	6	5	4	3	2	1
Number of young carers:	8	1		2	1					

- It was kind of difficult since we didn't always agree on everywhere
- Knew the people and they were fun
- Friends
- It was close friends and made new ones
- 10 because of Joan
- I got on really well in my group

11. What did you learn about yourself during your respite trip?

- That I don't need to be around people all the time
- I'm annoying
- I learned that I can make my own choices and decisions
- That I can talk to others more instead of scared of talking to new people
- I learned that I don't like dark boats
- Respecting others decisions
- I make friends easily and I'm good at handling money

12. What was a first for you during the trip?

- Getting more things that I couldn't get before
- Seeing a lion
- Bowling
- Making my choices and decisions
- Boat
- Going to sleep
- Camera Obscura, Dungeons, Royal Yacht, Ghost Walk x 2

13. What did you learn about keeping safe during the trip?

- Road safety
- Always waiting at the red light
- Wait for the green man x 2
- Don't cross the road on red lights
- Not going off on your own x 2
- To never go on a red man
- That anything can happen
- Alot

14. What did you learn about social skills during the trip?

- Friends
- Only caring about myself more than other people. Not to bothering people too much
- Just go for it
- I wasn't to thingied in my phone
- That I am more confident
- Including people to things
- That I don't struggle with it
- Alot

15. What did you learn about friendships and relationships during the trip?

- Making sure not to bother people and leave them be
- To be a nice person and give them a good time and make it worth their while
- Its important to have friends that you can talk to about things
- That I can trust them
- Knowing people better
- I make friends easily
- I am not sure, there was a few misunderstandings

16. How did you benefit from the trip?

- To make new friends
- Getting cool staff and getting to know people
- Got to meet some new people
- Friends
- I enjoyed the shopping and being away
- Being away from home
- More confident
- Christmas pressos
- Knowing people better and relaxing away from home
- Trying new things
- Not ordering wet chicken

17. What was it like going home after the trip?

- Nice
- Tired. Overslept the next day 😞
- Ok
- Sad that the trip was over, but exciting to see people and show gifts
- Boring because I didn't want it to end
- A bit anxious
- Very tiring
- Too long wouldn't go again
- Very tired
- Happy and tired
- Good
- Good to see my family

18. Please explain any concerns or worries you had during the trip:

- Being alone with no one to talk to
- The train after it was cancelled
- Was always ill
- None x 8
- Didn't have any

19. How well organised was the trip?

- Very
- Very organised with the trips and events
- Good x 2
- Very well x 2
- Really well done
- The trip was very well organised x 2
- It was very organised and had an easy schedule to go by
- Pretty sound
- 8/10

20. Would you go again, and can you think of any changes which would improve the trip?

- No
- Yes, ran past the red lights
- Yes and go karting x 2
- Yes – no changes
- Yes
- I would go again
- Yes I love this trip
- Yes I would go again wouldn't want Ruth leading the way to the restaurant
- Yes I would and I wouldn't improve anything
- Yes and swimming
- I would go again and no change

Additional Comments:

Thankyou!

Thank you to all our interagency partners who have played a key role in helping to deliver so many positive outcomes for young carers and their families.

We are very grateful to our Funders, Trustees, supporters and volunteers who give so much of their time, energy and expertise for the benefit of young carers who can find life to be challenging and unfair at times.

We are indebted to our young carer members and their families for the trust and ideas they share with us for the benefit of themselves and other young carers in our local and wider community

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